

**MINUTES OF A MEETING OF THE
WOKINGHAM BOROUGH WELLBEING BOARD
HELD ON 11 APRIL 2019 FROM 5.00 PM TO 6.45 PM**

Present

Parry Bath
Debbie Milligan
Philip Cook

Graham Ebers
David Hare
Pauline Helliar-Symons
Sarah Hollamby

Tessa Lindfield
Julian McGhee-Sumner
Katie Summers

Dr Cathy Winfield
Jim Leivers (substituting Carol Cammiss)
Martin Sloan (substituting Angela Morris)
Superintendent Felicity Parker

Wokingham Borough Council
NHS Berkshire West CGC
Voluntary Sector and Community
Partnership
Deputy Chief Executive
Wokingham Borough Council
Wokingham Borough Council
Director of Locality and Customer
Services
Strategic Director Public Health Berkshire
Wokingham Borough Council
Director of Operations, Berkshire West
CCG
NHS Berkshire West CCG
Children's Services
Assistant Director Adult Services
Community Safety Partnership

Also Present:

Madeleine Shopland

Rhosyn Harris
Sally Murray

Hayley Rees

Charlotte Seymour

Democratic and Electoral Services
Specialist
Public Health
Head of Children's Commissioning NHS
Berkshire West CCG
Lead Strategic Commissioner, Children's
Services
Wellbeing Board Manager

58. APOLOGIES

Apologies for absence were submitted from Carol Cammiss, Nick Campbell-White, Councillor UllaKarin Clark, Angela Morris and Jim Stockley.

59. MINUTES OF PREVIOUS MEETING

The Minutes of the meeting of the Board held on 14 February 2019 were confirmed as a correct record and signed by the Chairman.

60. DECLARATION OF INTEREST

There were no declarations of interest.

61. PUBLIC QUESTION TIME

There were no public questions.

62. MEMBER QUESTION TIME

There were no Member questions.

63. FUTURE IN MIND UPDATE

The Board received an update on Future in Mind from Sally Murray, NHS Berkshire West CCG and Hayley Rees, Lead Strategic Commissioner, Children's Services, Strategy and Commissioning

During the discussion of this item the following points were made:

- The report was a summary of the larger Berkshire West Future in Mind document which was refreshed annually and had been published in October. The Wokingham Borough Wellbeing Board was required to have regard to the report.
- Capacity was being built across the system to provide help and support as early as possible.
- Board members were informed of the shift from a traditional escalator style tiered system to a systems approach informed by the THRIVE framework.
- Berkshire West was bucking the national trend in that the number of children requiring in patient beds was reducing as was the length of stay required. Work was being done to keep more children within the area.
- Nationally the demand for emotional wellbeing services had increased. It was possible that the increased demand was a positive sign and that stigma regarding emotional wellbeing issues was reducing.
- For Eating Disorders the current trend suggested that demand continued to be greater than the nationally modelled estimates on which the Berkshire service was commissioned. The risk and acuity of referrals had increased and the service was being reviewed.
- There had been an increase in self-harm rates in all three Berkshire West Local Authorities for people aged 10 – 24. Self-harm rates for 15 to 19 year olds across all three areas were higher than the national average with the biggest increase being in Reading.
- The application to become a Green Paper trailblazer site to create new local Mental Health Support Teams in Reading and West Berkshire had been successful. This would put more early help into schools. A wave two application for Wokingham was being considered.
- Board members were informed that funding had been secured from NHS England to build a new inpatient facility to replace Willow House, Wokingham. This would provide more capacity and reduce the number of children placed out of area.
- With regards to the Emotional Health and Wellbeing Strategy Hayley Rees outlined work being carried out to take workstreams forwards.
- Board members were updated on pCAMHS and the School Link Project. The School Link Project pilot had involved 5 schools and had then increased to 12 schools. It was hoped that this number would increase further.
- Questionnaires were being sent to the primary schools to map what support was available regarding emotional wellbeing, to identify any gaps in provision and to understand whether an equal offer was provided across the schools. It was noted that a capacity group had been established and included representatives from the primary and secondary schools and also Foundry College.
- Katie Summers asked that the mapping exercise also include Early Years.
- An update from the Educational Psychology Service was provided. It was noted that The Holt School had commissioned another exam stress group from the service this term.
- Councillor Helliard-Symons commented that she was pleased to read of the ambition to provide the right services when young people needed it. She noted that there had

been investment in workforce training across schools, primary care, the voluntary sector and social care, and asked what effect this would have on the work of the voluntary sector in particular. Hayley Rees commented that engagement sessions had been held with the voluntary sector in order to assess capacity. Philip Cook stated that he would like to push training opportunities out further across the voluntary sector. Councillor Helliar- Symons indicated that Children's Services was working with churches and youth groups.

- Rhosyn Harris referred to work being undertaken with regards to trauma informed committees in Berkshire West.
- Tessa Lindfield commented that the Future in Mind work linked with the Joint Strategic Needs Assessment.
- Philip Cook asked if young people had been asked for their views. Hayley Rees stated that work was being undertaken with the schools about what services were available.
- In response to a question regarding the services offered to state and private schools Sally Murray indicated that resources such as the Little Book of Sunshine were offered to all schools.
- Dr Milligan emphasised that as a GP she was seeing more children visiting the GP willing to talk about their mental health rather than their parents talking on their behalf.

RESOLVED: That the report and the updated Local Transformation Plan be noted.

64. LOCALITIES PLUS

Graham Ebers presented a report regarding Localities Plus. The report introduced the proposed place-based approach to be taken in the Wokingham Borough and proposed that this approach be championed by a new "Localities Plus Group".

During the discussion of this item the following points were made:

- Graham Ebers provided local context, referring to Primary Care Networks, the 3 conversation model and the 21st Century Council model. He went on to highlight the key aims and objectives and possible workstreams of Localities Plus.
- Dr Milligan indicated that there would be four rather than three Primary Care Networks and that the mapping information for the GP practices was out of date.
- Dr Milligan went on to question how the Localities Plus Group would fit into the integration agenda as there was no health representation on the Group. Dr Winfield stated that a representative from the Primary Care Network should be a member of the Group.
- Martin Sloan commented that the Localities Plus Group would help develop the Council's approach which would then feed into the Wokingham Leaders Partnership Board which had a wider membership.
- Dr Winfield commented that the aims and objectives were the same as those of the Primary Care Networks. She expressed concern that there would be duplication.
- Katie Summers suggested that there needed to be a stock take of the Integration Board. It was important to hear about engagement with neighbourhoods.
- Graham Ebers indicated that the structure of the Localities Plus Group could be reviewed in future.
- Tessa Lindfield requested that the Board be kept informed of the next steps.

RESOLVED: That the aims of the Localities Plus project and the benefits this would produce for the Borough be acknowledged and that the ongoing project be supported.

65. WELLBEING BOARD REFRESH / STRATEGY INTO ACTION

The Board received a report regarding the Wellbeing Board refresh/Strategy into Action.

During the discussion of this item the following points were made:

- The three key priorities of the refreshed Health and Wellbeing Strategy were; Creating physically active communities; Reducing social isolation and loneliness; and Narrowing the health inequalities gap. These priorities were also an umbrella that covered a large range of areas and issues that related to the local needs of the Borough.
- An action plan, 'Strategy into Action' would be developed further by the Wellbeing Board and the key stakeholders in Spring 2019. This collaboration for the development of the action plan would aim to enhance relationships and enable partners to decide on their level of involvement against particular actions. A Strategy into Action group had been established which would be utilised to support, co-ordinate and help turn the strategy into tangible and meaningful actions.
- It was noted that the Group had identified themes under the three key priorities.
- Graham Ebers indicated that all partners would be written to, to ask what work they would be undertaking in relation to the priorities and what more could be done. Philip Cook suggested that all organisations that services were commissioned from, should be written to.
- Katie Summers indicated that she and Tessa Lindfield were Senior Responsible Officers for the Buckinghamshire, Oxfordshire and Berkshire West Sustainability and Transformation Plan, and that an application to look at physical activity in the health and social care workforce in the area had received £120,000 of government funding.
- Dr Winfield commented that an increasing number of younger people were feeling socially isolated.
- Tessa Lindfield emphasised that the Board had a duty to have regard to the Health and Wellbeing Strategy.

RESOLVED: That the update and progress to date for the Wellbeing Strategy be noted and the implementation of Strategy into Action be supported.

66. JSNA 2018 SUMMARY AND PRESENTATION OF NEW JSNA MODEL

66.1 JSNA Key messages

The Board was updated on key messages of the Joint Strategic Needs Assessment.

During the discussion of this item the following points were made:

- While Wokingham had generally high levels of health and wellbeing more focus was needed on prevention.
- Areas that required improvement included; high traffic volume and poor air quality, mental and emotional wellbeing (and related to this unhealthy lifestyles including physical activity and alcohol as well as social isolation and loneliness), as well as the gap in life chances between more deprived and less deprived groups in the Borough.

RESOLVED: That the update on Wokingham's Joint Strategic Needs Assessment (JSNA) 2018 be noted.

66.2 New Approach to JSNA

Rhosyn Harris introduced the new approach to the Joint Strategic Needs Assessment.

During the discussion of this item the following points were made:

- The proposal was to move the Joint Strategic Needs Assessment from one long report into a suite of resources. Officers wanted the Joint Strategic Needs Assessment to be useful, accessible, relevant and to reflect the needs of residents.
- There would be a shift away from merely producing data intelligence. Tessa Lindfield commented that as Population Health Management and the integration of health and care progressed, it was likely that the JSNA would evolve further.
- Councillor Helliard-Symons asked about the indicator 'Percentage of people aged 16-64 in employment (2017-18)', commenting that young people were now required to remain in education until 18. Tessa Lindfield commented that it was a Public Health national indicator and ongoing trend data would change as the definition changed.
- Graham Ebers commented that it was good to see pictorial representation within the new look JSNA.

RESOLVED: That the proposals for the future approach to the JSNA for all Berkshire Unitary Authorities be supported.

67. REVIEW OF TERMS OF REFERENCE

The Board considered proposed amendments to the Committee's terms of reference.

During the discussion of this item the following points were made:

- It was proposed that the Member Board members be able to have substitutes.
- When the Wellbeing Board had first been established the membership had been much smaller and it had been agreed that only the Chairman, Healthwatch representative and one member of the Clinical Commissioning Group have voting rights. It was proposed that in the event of a vote being required there would be one vote per Board Member.
- It was agreed that Superintendent Felicity Parker be added to the Board membership as the Community Safety Partnership and Thames Valley Police representative.
- Board members agreed to invite a representative from the Royal Berkshire Fire and Rescue Service to be a member of the Board.
- It was suggested that provider representatives be co-opted on to the Board for a time limited period, as and when required.
- Tessa Lindfield requested that clearer reference be made to the Board's responsibility for promoting integration.

RESOLVED: That the proposed amendments to the terms of reference for the Wokingham Borough Wellbeing Board attached as Appendix 1 to the report and discussed at the meeting be recommended to Council via the Constitution Review Working Group for approval.

68. UPDATES FROM BOARD MEMBERS

The Board received an update from the following Board members.

- Katie Summers advised the Board that a Co Design day had been held to talk about neighbourhoods. Whilst it had been very helpful there was a need for more conversations with the community. She indicated that she would provide a more detailed report on the day at the Board's next meeting. Dr Winfield commented that the Clinical Commissioning Group Operating Plan would also be presented at the next meeting

- Philip Cook provided an overview of the promotion of the Wokingham Borough Wellbeing Board via the hashtag #WokinghamHWBB over the last year. Although further funding for this had not been received going forwards, Involve would continue to promote the Wellbeing Board, albeit at a reduced rate due to capacity issues.
- Katie Summers informed the Board of the #movingis campaign. She asked Board members to take pictures of themselves undertaking movement, such as going for a walk, and to use the hashtag.
- It was noted that it was Rhosyn Harris' last meeting. The Board thanked her for her hard work and wished her well for the future.

RESOLVED: That the update from Board members be noted.

68.1 Community Safety Partnership update March 2019

Graham Ebers took the Board through an update from the Community Safety Partnership. He welcomed Superintendent Felicity Parker to the Board.

RESOLVED: That the update from the Community Safety Partnership be noted.